



Training Resources & Information

CareerCenter training partners offer financial training assistance to eligible individuals. Check out these agency offerings:

- **Aroostook County residents:**
[Aroostook County Action Program \(ACAP\)](#)
- **Androscoggin, Franklin, Hancock, Kennebec, Oxford, Penobscot, Piscataquis, Somerset and Washington County residents:** [EMDC - Eastern Maine Development Corporation](#)
- **Cumberland, Knox, Lincoln, Sagadahoc, Waldo and York County residents:** [Workforce Solutions](#)

Note: Out-of-work people who believe they have been affected, either personally or through family/friends, by the *OPIOID CRISIS* can apply at no cost for help getting back to work. Additionally, people who are unemployed and want to go into occupational fields related to addiction/recovery can also apply, for help with training and education related to working in these fields. For details, contact one of the Workforce Partners above.

- The [Division of Vocational Rehabilitation](#), also known as "VR," is a Department of Labor program that helps people who have disabilities to get and keep a job. VR helps people who have physical, mental, or emotional disabilities.
- [Maine Adult Education](#) is a public education and career pathways system that enables adults to be prepared for post-secondary education and/or employment.
- **Senior Community Service Employment Program (SCSEP):** Age 55+, unemployed, and looking for work, A4TD (Associates for Training & Development) can help: apply at www.a4td.org or call (207) 577-6492.
- [Maine's Community Colleges](#) are offering more than [25 free online training programs](#) that are tied to skills and jobs currently in demand in Maine at no cost to participants.
- [Maine Educational Opportunity Center \(MEOC\)](#) - Federally funded program that works with adults to assist them in going on to college. Also provide help with filing FASFA and finding grants to help pay for schooling.
- **Common Threads** helps create new lives for immigrants & others living with poverty <https://www.commonthreadsmaine.org/>



Virtual Workshops ~ these events normally require prior registration



- An active listing of all MDOL workshops can be found at <http://www.mainecareercenter.com/employment/workshops.shtml>
- **Creating and Navigating Your Maine JobLink Account Workshop** - offered every Tuesday and Thursday, 2-3 PM. To reserve your space; call 1-800-760-1573 or email augusta.careercenter@maine.gov
- **Virtual Resume Workshop** - Every 1st and 3rd Thursday from 10:30 a.m.- Noon. Email Portland.CareerCenter@maine.gov and type "Resume Workshop" as your subject.
- **Finance Authority of Maine (FAME)** – ongoing **Financial Aid Information Sessions**
- [Maine Community College's Calendar](#)
- [LinkedIn Learning Job Search Courses](#)
- **Free Webinars Hosted by the Office of Personnel Management (OPM)**
 - *Writing Your Federal Resume*
 - *Navigating USAJOBS – Finding and Applying for Federal Jobs*
 - *Interviewing*
- **SBA Virtual Mentoring and Training**
Free business mentoring and training by phone, email, and video. [Find an SBA resource partner near you](#)
- **SCORE's small business training workshops**

- **Benefits Counseling Services (BCS)** - A free statewide service to help people understand how working affects their Social Security disability and other benefits. 1-888-208-8700

Maine JobLink – Search recent job openings or training and education providers. View resources and programs to assist you in your job search.

Additional Job Seeker Assistance and Resources can be found at:

<http://www.mainecareercenter.gov/jobseekers/index.shtml>



Do you have an Entrepreneurial Spirit?

Check out these helpful websites for starting your own business!

[Coastal Enterprises, Inc. \(CEI\)](#)

[Current Small Business Resource Guide](#)

[Maine SBA](#)

[Maine Small Business Development Center](#)

[New Ventures Maine](#)

[SCORE Mentoring](#)

[Women's Business Center](#)

State of Maine COVID-19 Response website

Keep up-to-date on latest news and updates for the State of Maine

[Maine Job Fairs](#) ~ complete listing of known upcoming Hiring Events

[SMCC "Grant Funded" Customer Service Consultant Online Training Course](#) ~ 1/11/2021

[SMCC - Yamaha Outboard Motor Repair Training "Grand Funded"](#) ~ 1/12/2021

[Propeller – Tuesday Cohort for Female Entrepreneurs – Starts 1/12/2021](#)

[First Atlantic HealthCare FREE CNA Training – Application deadline 1/12/2021](#)

[KVCC "NO COST / PAID" Heavy Equipment Operator Training](#) ~ 2/1/2021

[CMCC On-Line Precision Machining Training Fundamentals – 2/2021](#)

[FREE COMPTIA A+ Training for Maine Residents ages 17 - 19 ~ Through 3/2021](#)

[LincolnHealth CNA "FREE" Training – Various start times yearly](#)

[Medical Assistant Apprenticeship Opportunity - Earn While You Learn!](#)

[SMCC Ongoing "NO COST / PAID" Manufacturing Training ~ Classes Start Every 3 Weeks](#)

[SMCC Ongoing "NO COST / PAID" Welding Training ~ Classes Start Every 3 Weeks](#)

[SMCC Professional Education Online - 500 FREE Licenses to qualified applicants - Ongoing](#)

Veterans' Corner



Veteran Specific Workshops and other Virtual Events

- [VA Recruitment Events](#)
- [VA Maine Healthcare System Virtual Veteran Town Hall](#) ~ 1/7/2021
- [Microsoft Software and Systems Academy \(MSSA\)](#)

Military Skills Translators

- [O*NET OnLine Military Crosswalk](#) - Search codes or titles from the Military Occupational Classification (MOC).
- [Veterans Employment Toolkit](#) – Veterans & their family members can find employment resources
- [Career Onestop](#) - match military skills and experience to civilian occupations.
- [Stars and Stripes](#) - convert your MOS code to a civilian occupation, then search for jobs that match the civilian occupations.

Free Employment Resources WWW.VETERANS.GOV

- Career OneStop [Veteran and Military Transition Center](#)
- Connect with A [Maine DOL Veterans Representative](#)
- [Boots to Business](#) entrepreneurial education and training program
- [Explore Your Career Options](#) www.mynextmove.org/vets
- Prepare for Transition with [DOL Vets' New Tap Employment Workshop](#)
- Find A Job Where You Want to Be www.vets.gov/veterans-employment-center/
- Protect Your Employment Rights www.dol.gov/userra